

# POLSKY FAMILY

## Building a Legacy of Care

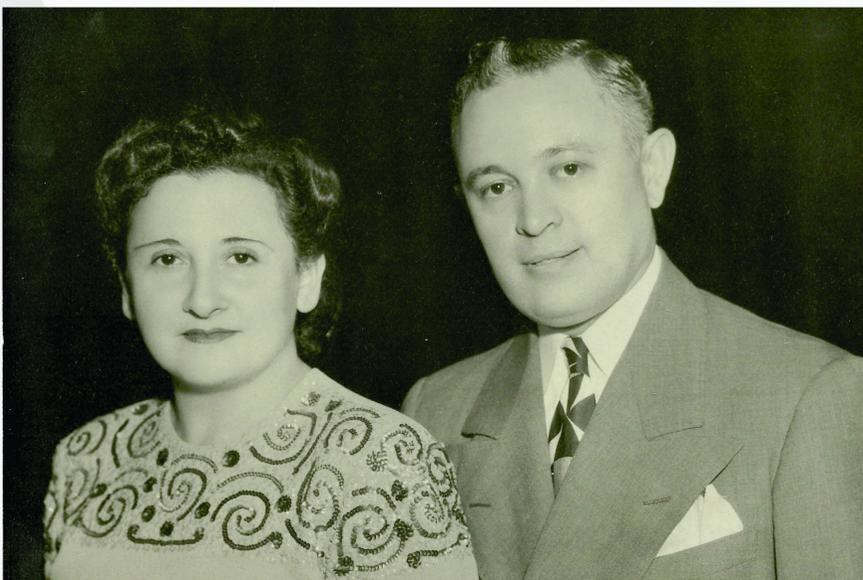
CELEBRATING 25 YEARS ON THE HELZBERG CAMPUS

### A Family of Caring and Tradition

Village Shalom has always been woven into the lives of the Polsky family. Rachel and Isadore (Bubbie and Zadie) believed deeply in caring for others—supporting the Appleman Home, the Jewish Home for the Aged, the Jewish Geriatric and Convalescent Center, and Shalom Plaza.

### Generosity in Action

Bubbie kept kosher, cooked for those who couldn't, visited the sick, and even cared for residents' toenails. With her **blue Jewish National Fund box** in hand, she rode the bus across town collecting for Israel. Zadie was the quiet strength of the family, teaching graciousness and kindness by example.



### Family Connection

Elaine (Grammy) Polsky spent seven years in Assisted Living. Family members walked from their homes almost daily to visit—sharing meals, laughter, and milestones together. In her final

days, even a pack-and-play was set up in Elaine's room so her great-grandbabies could stay close.

### Pivotal Impact

Beyond visits, the family gave back through leadership. Serving as president of the Associate Board, a Polsky family member organized the Father's Day Run, with Grammy Elaine proudly cheering at the finish line—cowbell in hand.

**Relatives at Village Shalom:** Rachel & Isadore (Bubbie & Zadie) Polsky z'l— Shalom Plaza, Elaine Polsky z'l— Assisted Living

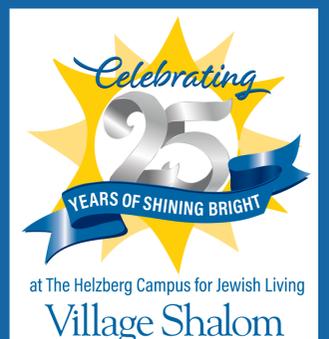
### Deep Roots in the Village Shalom Story

Rachel and Isadore eventually lived at Shalom Plaza, where Rachel's Café was dedicated in their memory. Their children and grandchildren grew up at Village Shalom—playing bingo, helping in art classes, volunteering at holidays, exercising in the Wellness Center, and visiting so often the staff knew them like family. Babies in strollers brought joy to the halls, and two great-grandsons even had their bris at Village Shalom so Grammy Elaine and her friends could celebrate with them.

*“Village Shalom isn't just where our loved ones lived—it's where we all grew together”*

— Children,  
Grandchildren, and  
Great Grandchildren

Proud to be part of the story that shaped 25 years on the Helzberg Campus.



at The Helzberg Campus for Jewish Living  
Village Shalom